

MASS INTENTIONS

Saturday, February 18th	
4:00PM	Rosena & Dean Bradshaw <i>Birthday remembrance</i> James Comber Joseph Garand ~ Birthday remembrance
Sunday, February 19th	
8:30AM	Michael Ouellette Anniversary <i>requested by family</i>
11:30AM	Adela Lopez Aniversario de fallecida Roberto Rico Aniversario de fallecido Monica Rico Aniversario de fallecida Roberto Solano Aniversario de fallecido Wendy Batista Aniversario de fallecida Erminio Jiménez Aniversario de fallecido José Hernández Aniversario de fallecido Bartola De La Cruz Infante Aniversario de fallecido
5:00PM	Adeline & Charles Chwalek requested by the Johnston family
Monday, February 20th	
5:30PM	Intention of the Celebrant
Tuesday, February 21st	
5:30PM	Intention of the Celebrant
Thursday, February 23rd	
5:30PM	Intention of the Celebrant
Friday, February 24th	
5:30PM	Intention of the Celebrant
Saturday, February 25th	
9:00AM	Intention of the Celebrant
4:00PM	Carolyn Carbone 1 st anniversary <i>requested by her family</i> Raymond J. Perreault 16 th anniversary <i>requested by his family</i>

The sanctuary lamp will burn before the Blessed Sacrament Altar as a Birthday remembrance for **William "Bill" Dorsey**, requested by his family.

Mass intentions next Sunday: 11:30AM José Hernandez

WEEKLY OFFERING
Weekly offering of February 12th: \$4,723.80
THANK YOU

SECOND COLLECTION THIS WEEKEND
Parish Monthly Offering
SECOND COLLECTION NEXT WEEKEND supports the Church in Africa and in Central and Eastern Europe. These collections help the Church spread God and train Church leaders of tomorrow, help needy families materially and spiritually, rebuild churches that have fallen, and support the sisters and brothers who have suffered for the faith. For more information, please visit www.usccb.org/ae, (those that receive envelopes, this envelope is dated February 22nd and should be dated February 26th.)

ASH WEDNESDAY. Just a reminder that Wednesday is Ash Wednesday. The Masses will be Celebrated as follows:
9:00AM Mass and distribution of Ashes at St. John's
12:00 Noon *service of the word and distribution only* at St. James,
5:30PM Mass and distribution of Ashes at St. James
7:00PM Mass in Spanish and distribution of Ashes
The collection on Ash Wednesday supports our parish's St. Vincent DePaul Society.
Eucharistic Ministers and priests will be available for the distribution of Ashes during these services.

PASTOR'S NOTES This Wednesday we start the "joyful season" of Lent. This phrase is one that is taken from the first preface of Lent. The prefaces are the opening prayers after the dialogues that begin the Eucharistic prayers. We are reminded that there is much to concentrate on to prepare ourselves to celebrate the mysteries of our redemption on Easter Sunday. The joy comes after clearing away all that separates us from experiencing the love of God and the recognition that we have been called into relationship with Him. The desert experience of Lent allows us to understand a little of what Jesus did in his experience. His time in the desert clarified for him, who he was and what his mission was. At the end of his time, he promised us that we too could be part of the mission. The work is to proclaim the Good News everywhere and we certainly are trying to do that. It is also our call to experience the desert and the Easter Triduum experience so that we too can rejoice in the resurrection. In the desert, Jesus fasted and prayed and was tempted. Hopefully as we enter into whatever desert we choose; a desert of sacrifice of favorite things, or actions or foods that while morally neutral, have become for us dangerous or self and other destructive behaviors, (In a word, sinful), we will learn to repent of these and feel the joy of liberation, the joy of knowing God's helpful love, His healing love, His saving love. This is the root of the application of the phrase this "joyful season". It is different than the joy of the Christmas season that we just finished celebrating in that now we are given a chance to walk along with our Savior all the way to Calvary. After, we are invited to experience anew the earth shattering (better to say sin shattering) news that Jesus is raised from the dead and now lives to intercede for us. As a staff and in various committees in the parish, planning and preparing has been underway for a period of time to allow us all to experience the joy of our faith even as we sacrifice and begin to think of how we will prepare ourselves to recall and celebrate again the saving actions of our Lord in his life, death and resurrection. There is always room and time to add more volunteers to the various ministries and extra events we have during this sacred time. In the foyer of the churches, in the bulletins and on the websites we have information about events, committees and ministries. I hope that this Lenten period you experience a clarifying moment and realize that you are called to serve the Lord through the community. This will also make the "joyful season" of Lent more profound in your life. The Lord is calling to us all, how might we respond? *Peace, Father Murray*

SEVENTH SUNDAY IN ORDINARY TIME



"Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, pick up your mat and walk?' But that you may know that the Son of Man has authority to forgive sins on earth"—he said to the paralytic, "I say to you, rise, pick up your mat, and go home." - Mk 2:9-11

Readings for the Week of February 19, 2012

Sunday:	Is 43:18-19, 21-22, 24b-25/2 Cor 1:18-22/Mk 2:1-12
Monday:	Jas 3:13-18/Mk 9:14-29
Tuesday:	Jas 4:1-10/Mk 9:30-37
Wednesday:	Jl 2:12-18/2 Cor 5:20--6:2/Mt 6:1-6, 16-18
Thursday:	Dt 30:15-20/Lk 9:22-25
Friday:	Is 58:1-9a/Mt 9:14-15
Saturday:	Is 58:9b-14/Lk 5:27-32

Background on the Gospel Reading

In today's Gospel we continue to hear Mark's reports about Jesus' preaching and healing. Jesus has returned to Capernaum, which Mark refers to as his home. Jesus' popularity with the people thrives, and he preaches to them. The crowds are so great that the house is filled, and no one can enter through the door. Determined to bring their paralyzed friend to Jesus, four men break through the roof and lower the man into the house. Jesus was moved by the faith displayed by the four determined men, and so he addressed the paralyzed man, declaring that his sins are forgiven. This response may strike us as odd, but in Jesus' time, illness was thought to be a sign of sinfulness. Reading this passage in the context of the overall narrative of Mark's Gospel, Jesus appears to be upping the ante in the mounting tension with the Jewish authorities. Forgiveness of sins was a power that Jews believed to be from God alone. To claim the authority to forgive sins was blasphemous. This tension will continue to grow throughout Mark's Gospel. In the end, blasphemy will be among the accusations made against Jesus, leading to his death on the cross. Mark reports that some of the scribes were present and heard Jesus' words to the paralyzed man. Mark then describes the reaction of the scribes, who are now beginning to question Jesus' words. They are alarmed. Jesus knew what the scribes were thinking and responded to their accusations of blasphemy by curing the man's paralysis, offering that as a sign of his authority to forgive sins. All who witnessed this healing are said to have been astonished. This passage highlights for us the connection between faith and Jesus' healing power. Jesus is said to have been moved by the faith of the paralyzed man's friends. Our prayers for those who are sick bring to them the healing presence of Jesus.

FUNDRAISER... Please join the Haverhill Alternative School Staff at their fundraiser to bring student activities into school. (St. James School) This will be held at The Flatbread Company, 5 Market Square in Amesbury – Tuesday, Feb. 21st from 5:00 – 9:00 pm. For every pizza purchased, \$3.50 will be donated to the Haverhill Alternative School. For more info, please contact John DePolo at 978-374-3482.

Please follow all the information relative to the proposed collaborations throughout the Archdiocese by going to the web site www.planning2012.com.

FEBRUARY RELIGIOUS EDUCATION SCHEDULE

19 th	Family Mass followed by social	8:30AM
26 th	Grades K – 9 meet	9:45 – 11:15AM



JOIN US FOR COFFEE JUICE AND DONUTS today following the 8:30AM and 11:30AM Masses.

During School vacation week, come join the youth groups of St. John's & St James for a night of:

CANDY BAR BINGO

Bring one large size candy bar for each bingo card you want to play; Play one card; the cost is one large candy bar
Play 5 cards; the cost is 5 large candy bars
The winner of each game wins (you guessed it) a pile of CANDY!!!

Lots of fun for the whole family

Ink daubers are available for a cost of \$1

Where: lower hall of St. John the Baptist Church
When: Tuesday, February 21 from 6:30-8:30 PM

Clergy Schedule

February 18th ~ 19th

4:00 PM St. John's Fr. Felix
4:00 PM St. James Fr. Leo
7:00 PM St. James (Vietnamese)
8:30 AM St. John's Fr. Murray/Deacon Leo
8:30 AM St. James Fr. Felix
10:00 AM St. John the Baptist Fr. Murray
11:30 AM St. James Fr. Walsh/Deacon Nelson
5:00 PM St. James Fr. Murray

February 24th ~ 25th

4:00 PM St. John's Fr. Murray
4:00 PM St. James Fr. Felix
7:00 PM St. James (Vietnamese)
8:30 AM St. James Fr. Leo
8:30 AM St. John's Fr. Murray
10:00 AM St. John's Fr. Walsh/Deacon Leo
11:30 AM St. James Fr. Murray/Deacon Nelson
5:00 PM St. James Fr. Murray

CATECHISM OF THE CATHOLIC CHURCH

CHAPTER TWO I BELIEVE IN JESUS CHRIST, THE ONLY SON OF GOD
Article 7 "FROM THENCE HE WILL COME AGAIN TO JUDGE THE LIVING AND THE DEAD"

IN BRIEF

680 *Christ the Lord already reigns through the Church, but all the things of this world are not yet subjected to him. the triumph of Christ's kingdom will not come about without one last assault by the powers of evil.*

681 *On Judgement Day at the end of the world, Christ will come in glory to achieve the definitive triumph of good over evil which, like the wheat and the tares, have grown up together in the course of history.*

682 *When he comes at the end of time to judge the living and the dead, the glorious Christ will reveal the secret disposition of hearts and will render to each man according to his works, and according to his acceptance or refusal of grace.*



Saturday, March 31st we will be hosting a **HAM & BEAN SUPPER** at the school immediately following the 4:00PM Mass. Tickets will go on sale the weekend of March 10th following all Masses or may be purchased at the rectory during the week. Tickets are \$5.00 Adults, \$3.00 Children or a family for \$15.00. *Entertainment will be provided by **The Crossroads of Tyme "Rock, Roll & Remember"**.*

NURSE'S NOTEBOOK

American Heart Month is not just for adults! Learning about a healthy lifestyle starts early and starts with healthy eating and physical activity. Physically active children are more likely to remain physically active into adulthood. The American Academy of Pediatrics recommends 60 minutes of physical activity daily for children. The American Heart Association focuses on the most important role in promoting heart health in children – PLAY! The benefits of play as described by the American Heart Association:

1. Sleep tight! Improve your sleep by remaining physically active throughout the day.
2. Improve your mood. Physical activity will help in improving your attitude and increase your energy throughout the day.
3. Fuel your brain. Try twenty minutes of physical activity before sitting down to begin your homework for improved concentration.
4. Bond with buddies. Make new friends and bond with your friends through physical activity.
5. Stretch your talent. Improve your balance and therefore increase your coordination and athletic performance by stretching before and after physical activity.

Make physical activity a family activity for your heart health and your child's. (The American Heart Association, www.heart.org, 2011).

Tobacco use remains the single largest preventable cause of disease and premature death in the US, yet more than 45 million Americans still smoke cigarettes. However, more than half of these smokers have attempted to quit for at least one day in the past year. As of 2010, there were also 13.2 million cigar smokers in the US, and 2.2 million who smoke tobacco in pipes. Quitting is hard, but you can increase your chances of success with help. The American Cancer Society can tell you about the steps you can take to quit smoking and provide the resources and support that can increase your chances of quitting successfully.

To learn about the available tools, call the American Cancer Society at 1-800-227-2345 or visit their website at <http://www.cancer.org/Healthy/StayAwayfromTobacco/GreatAmericanSmokeout/index>. There is information in Espanol and Asian and Pacific Languages on the website as well. Source of information above is the American Cancer Society. Smoking increases your chances of all types of cancer, heart attack, stroke! Why don't you make a change for the better in 2012.

Submitted by Veronica Pena-Vargas, NP

**PLEASE REMEMBER THE WORKS OF OUR ST.VINCENT
DePAUL SOCIETY AS YOU LEAVE THE CHURCH TODAY.**

Thông Báo:

Thứ Tư Lễ Tro

Thứ Tư tuần tới, Ngày 22 tháng 2 là Thứ Tư Lễ Tro, Ăn Chay-Kiêng Thịt, khai mạc MÙA CHAY THÁNH, Giáo Xứ sẽ có 2 Thánh Lễ: Thánh Lễ vào lúc 9 giờ sáng tại nhà thờ Saint John The Baptist và Thánh Lễ vào lúc 5 giờ 30 chiều tại nhà thờ Saint James. Mỗi Thánh Lễ sẽ có Xức Tro. Đồng thời vào lúc 12 giờ trưa tại nhà thờ Saint James có nghi thức phụng vụ lời Chúa và xức tro. Xin mời quý ông bà anh chị em sắp xếp giờ tới tham dự Thánh Lễ sớm sáng để khai mạc Mùa Chay Thánh.

Luật Giữ Chay - Kiêng Thịt

Theo Giáo Luật Điều 1251 thì các tín hữu tới tuổi phải kiêng thịt tất cả các ngày Thứ Sáu trong năm. Nhưng tại Hoa Kỳ, theo quyết định của Hội Đồng Giám Mục thì giáo dân chỉ buộc ăn chay kiêng thịt Ngày Thứ Tư Lễ Tro và Ngày Thứ Sáu Tuần Thánh. Còn các ngày Thứ Sáu khác trong Mùa Chay chỉ buộc kiêng thịt (NCCB, ngày 18/11/1966, CLD 6:679-84). Luật giữ chay, kiêng thịt là luật buộc ngặt:

+Tuổi Giữ Chay: Chấn 18 tới đến hết 59 tuổi.

+Tuổi Kiêng Thịt: Từ 14 tuổi trở lên (tới vô hạn)

1. Cách Giữ Chay: Trong ngày chay chỉ được ăn một bữa no, còn 2 bữa khác chỉ được ăn chút ít để bụng còn đói. Trong ngày chay không được ăn vật như kẹo, bánh, "chip" v.v... nhưng được uống sữa và nước trái cây nguyên chất (nếu có pha thêm chất khác, thì không còn được kể là nguyên chất nữa, như Malted Milk Shakes hay những thứ tương tự ... thì không được).

2. Cách Kiêng Thịt: Không được ăn thịt loài máu nóng (Warm Blooded Animals), bao gồm thịt và tất cả những thứ khác như tim, gan, lòng chay.... Nhưng được dùng các nước thịt và các đồ ăn có pha chất thịt, như cháo nước thịt (chẳng hạn: Chicken Soup, Beef Broth, Meat Gravies and Sauces). Được ăn cá và loài máu lạnh (Cold Blooded Animals, như ếch, rùa, sò, cua, tôm). Ngày kiêng thịt cũng được phép dùng trứng và các sản phẩm của sữa như bơ và phó mát (Butter và Cheese).

END OF BULLETIN
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE
WILL NOT APPEAR IN THE PRINTED BULLETIN

CHURCH NAME: **St. James Parish**

CHURCH CITY: **Haverhill, MA**

ROUTING CODE: **R**

RUN NUMBER: **15**

FILENAME: **03-0671.13b**

PHONE NUMBER: **978-372-8537**

FAX NUMBER:

EDITOR/ CONTACT: **Susan x 0**

CURRENT FORMAT: WNS Format -- 6th Column is copy

Comments:
